"Waterloo Region Community Wellbeing Survey, Stage 1 Results" compared with

"Results of the Partner Agency Wellbeing Survey"

August 2017

Overview

The following tables compare the results of the following two reports:

- 1. Waterloo Region Community Wellbeing Survey, <u>Stage 1 Results (2013)</u>. This survey was conducted by the Canadian Index of Wellbeing (CIW) in partnership with the Kitchener Waterloo Community Foundation. 1238 surveys were completed.
- 2. Results of the Partner Agency Wellbeing Survey (2017). This survey was conducted by the Canadian Index of Wellbeing in partnership with the partner organizations from Wellbeing Waterloo Region. The main purpose of conducting this survey was to reach out to groups that would be harder to reach through other methods used to engage the public through the Wellbeing Waterloo Region initiative. The survey was administered through partner organizations who work with youth, older adults, people living with disabilities, people living on a low income, people experiencing homeless or housing instability and immigrants/refugees to Canada. 530 surveys were completed.

These comparison tables have been provided in order to provide context to the partner agency mini survey results.

Please note: Not all questions could be compared as some questions were not asked or they were asked in a different form.

About the tables

Data from the Waterloo Region Community Wellbeing Survey, Stage 1 Results (2013) are first in each table, and the participants are titled "General Population (2013)".

Data from the Results of the Partner Agency Wellbeing Survey are second in each table, and highlighted in blue. The participants are titled "Focused Population (2017)". Below the total is the results collected by each of the individual partner organizations.

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Demographic Profile

Table J1: Sex (2013)

Table 2: Respondents' Gender (2017)

	Male	Female	Transgender
General Population (2013)	46.4	53.6	-
Total Focused Population (2017)	40.4	58.6	1.0
Homelessness and Housing Umbrella Group	30.0	70.0	0.0
Cambridge Neighbourhood Organizations	11.1	88.9	0.0
Aging Well in Wilmot	29.4	70.6	0.0
House of Friendship	40.9	59.1	0.0
Children's Planning Table	54.0	42.3	3.6
Kitchener Youth Action Council	51.3	48.7	0.0
Post Secondary Pilot	54.5	45.5	0.0
Multicultural Center	47.2	52.8	0.0

(Note: The general population data from 2013 stated that 38 respondents declined to provide information about their sex and 2 respondents identified as transgender.)

Table J7a: Profile of Respondents Born in Canada (2013)

Table 5: Respondents who were born in Canada (2017)

	Pct.
General Population (2013)	83.0
Total Focused Population (2017)	72.8
Homelessness and Housing Umbrella Group	92.7
Cambridge Neighbourhood Organizations	82.2
Aging Well in Wilmot	80.0
House of Friendship	77.3
Children's Planning Table	75.2
Kitchener Youth Action Council	66.7
Post Secondary Pilot	66.7
Multicultural Center	0.0

Table J13: Years resident of Waterloo Region **Table 6:** Years residing in Waterloo Region

	Mean
General Population	22.46
Total Focused Population (2017)	21.32
Homelessness and Housing Umbrella Group	20.29
Cambridge Neighbourhood Organizations	26.82
Aging Well in Wilmot	45.23
House of Friendship	22.31
Children's Planning Table	10.62
Kitchener Youth Action Council	11.92
Post Secondary Pilot	11.44
Multicultural Center	6.13

(Note: mean and standard deviation are the only measurements that can be compared because the 2013 data was arranged in ranges and the 2017 data was arranged in minimum and maximums.)

Community Vitality

Table A1: Respondents who volunteered in past 12 months (2013)

Table 9: Respondents who volunteered in the past 12 months (2017)

	Pct.
General Population (2013)	51.0
Total Focused Population (2017)	57.8
Homelessness and Housing Umbrella Group	47.5
Cambridge Neighbourhood Organizations	51.1
Aging Well in Wilmot	68.0
House of Friendship	35.6
Children's Planning Table	68.9
Kitchener Youth Action Council	76.3
Post Secondary Pilot	53.5
Multicultural Center	25.0

Table C1: I participated in a local event to support a charitable organization (2013)

Table 10: Respondents who participated in a local event in support of a charitable organization in the past 12 months (2017)

	Pct.
General Population (2013)	30.8
Total Focused Population (2017)	26.8
Homelessness and Housing Umbrella Group	12.5
Cambridge Neighbourhood Organizations	18.6
Aging Well in Wilmot	33.7
House of Friendship	22.2
Children's Planning Table	25.8
Kitchener Youth Action Council	34.3
Post Secondary Pilot	27.3
Multicultural Center	17.6

Table C1: I participated in a local event in support of the community (2013)

Table 11: Respondents who participated in a local event in support of their community in the past 12 months (2017)

	Pct.
General Population (2013)	26.9
Total Focused Population (2017)	44.0
Homelessness and Housing Umbrella Group	34.1
Cambridge Neighbourhood Organizations	46.7
Aging Well in Wilmot	35.6
House of Friendship	30.8
Children's Planning Table	53.4
Kitchener Youth Action Council	59.5
Post Secondary Pilot	44.2
Multicultural Center	22.2

Table A5: Numbers of social contacts reported by respondents: Close friends (2013)

Table 12: Number of close friends reported by respondents (2017)

	Mean
General Population (2013)	5.47
Total Focused Population (2017)	6.78
Homelessness and Housing Umbrella Group	2.51
Cambridge Neighbourhood Organizations	4.49
Aging Well in Wilmot	9.13
House of Friendship	5.43
Children's Planning Table	7.72
Kitchener Youth Action Council	7.08
Post Secondary Pilot	5.53
Multicultural Center	5.65

Table A7: How safe walking in neighbourhood at night (2013)

Table 13: Respondents' feelings of safety when walking alone in their neighbourhood after dark (2017)

	Pct.								
	Very	Unsafe	Somewhat	Unsure	Somewhat	Safe	Very	Mean	Std.
	Unsafe		Unsafe		Safe		Safe		Dev.
	(1)	(2)	(3)	(4)	(5)	(6)	(7)		
General Population (2013)	2.8	2.8	5.9	7.4	13.7	28.7	38.9	5.67	1.55
Total Focused Population (2017)	5.1	4.6	11.4	8.2	22.3	30.5	17.9	5.01	1.67
 Homelessness and Housing Umbrella 	17.1	4.9	9.8	9.8	24.4	19.5	14.6	4.37	2.03
Group									
Cambridge Neighbourhood	2.2	4.4	13.3	11.1	37.8	22.2	8.9	4.80	1.41
Organizations									
Aging Well in Wilmot	1.9	3.8	5.8	6.7	22.1	47.1	12.5	5.35	1.35
House of Friendship	8.9	8.9	15.6	8.9	24.4	22.2	11.1	4.42	1.83
Children's Planning Table	5.8	4.3	12.3	8.7	18.1	31.2	19.6	5.01	1.74
Kitchener Youth Action Council	2.6	7.7	7.7	5.1	30.8	25.6	20.5	5.13	1.61
Post Secondary Pilot	0.0	2.3	20.5	11.4	18.2	20.5	27.3	5.16	1.57
Multicultural Center	2.6	2.6	5.3	7.9	10.5	36.8	34.2	5.68	1.51

(Note: Both survey questions used a numbered scale of 7 where in 1 was "very unsafe" and 7 was "very safe".

Table A10: Sense of belonging in local community (2013)

Table 14: Respondents' sense of belonging to their community (2017)

		Pct.							
	Very	Weak	Somewhat	Unsure	Somewhat	Strong	Very	Mean	Std.
	Weak		weak		strong		strong		Dev
	(1)	(2)	(3)	(4)	(5)	(6)	(7)		
General Population (2013)	4.3.	5.7	10.0	26.6	21.6	18.6	13.5	4.93	1.37
Total Focused Population (2017)	1.9	3.8	8.0	20.5	28.1	27.0	10.7	4.65	1.57
Homelessness and Housing Umbrella Group	4.9	14.6	12.2	26.8	19.5	12.2	9.8	4.17	1.66
Cambridge Neighbourhood Organizations	2.2	0.0	6.7	26.7	26.7	24.4	13.3	5.02	1.31
Aging Well in Wilmot	0.0	0.0	7.7	12.5	32.7	35.6	11.5	5.31	1.08
House of Friendship	6.7	6.7	11.1	33.3	13.3	22.2	6.7	4.33	1.60
Children's Planning Table	0.0	0.7	4.3	21.0	33.3	29.0	11.6	5.20	1.08
Kitchener Youth Action Council	0.0	7.7	5.1	10.3	30.8	35.9	10.3	5.13	1.34
Post Secondary Pilot	2.3	9.1	15.9	25.0	25.0	18.2	4.5	4.34	1.43
Multicultural Center	5.6	5.6	11.1	16.7	25.0	25.0	11.1	4.69	1.64

(Note: Both survey questions used a numbered scale of 7 where in 1 was "very weak" and 7 was "very strong".)

Democratic Engagement

Table C3: Respondents who feel programs and services of the local government have made them better off (2013)

Table 15: Respondents' feeling that programs and services of the municipal and regional government have made them better off (2017)

		Pct.							
	Much	Worse	A little	Not made	A bit	Better	Much	Mean	Std.
	worse	off	worse	any	better	off	better off		Dev
	off		off	difference	off				
	(1)	(2)	(3)	(4)	(5)	(6)	(7)		
General Population (2013)	3.8	3.5	7.8	40.6	26.1	14.4	3.8	4.40	1.26
Total Focused Population (2017)	0.8	1.8	1.8	26.0	27.5	30.9	11.3	5.16	1.16
Homelessness and Housing Umbrella	2.5	5.0	2.5	25.0	17.5	30.0	17.5	5.10	1.50
Group									
 Cambridge Neighbourhood Organizations 	0.0	0.0	2.2	26.7	31.1	33.3	6.7	5.16	0.98
Aging Well in Wilmot	0.0	1.0	0.0	13.9	21.8	44.6	18.8	5.65	1.00
House of Friendship	4.5	4.5	4.5	18.2	34.1	20.5	13.6	4.89	1.51
Children's Planning Table	0.8	0.8	2.3	37.1	33.3	21.2	4.5	4.83	1.01
Kitchener Youth Action Council	0.0	2.6	0.0	23.1	23.1	48.7	2.6	5.23	1.01
Post Secondary Pilot	0.0	0.0	4.5	36.4	29.5	25.0	4.5	4.89	0.99
Multicultural Center	0.0	0.0	0.0	21.6	16.2	32.4	29.7	5.70	1.13

(Note: Both survey questions used a numbered scale of 7 where in 1 was "much worse off" and 7 was "much better off".)

Education

Table F1: Course taken for interest in the community in the past year (2013)

Table 16: Respondents' who took courses for interest in the community or online in the past year (2017)

	Pct.
General Population (2013)	14.0
Total Focused Population (2017)	27.3
Homelessness and Housing Umbrella Group	7.3
Cambridge Neighbourhood Organizations	20.0
Aging Well in Wilmot	16.3
House of Friendship	21.7
Children's Planning Table	43.7
Kitchener Youth Action Council	39.5
Post Secondary Pilot	29.5
Multicultural Center	13.9

(Note: the 2013 survey question did not include online courses.)

Environment

Table D2: Respondents' participation in resource conservation and sustainable activities during the past 12 months: Walk, bike, or take public transit more often (rather than drive your car) (2013)

Table 12: Respondents' frequency of taking a bus rather than using a car in the past 12 months (2017)

	Never	Sometimes	Regularly	Quite	All of	Mean	Std.
				Often	the time		Dev.
	(1)	(2)	(3)	(4)	(5)		
General Population (2013)	27.9	38.8	8.0	9.8	15.5	2.46	1.39
Total Focused Population (2017)	41.1	22.3	9.9	11.1	15.3	2.36	1.48
Homelessness and Housing Umbrella Group	19.5	24.4	12.2	22.0	22.0	3.02	1.48
Cambridge Neighbourhood Organizations	68.9	13.3	2.2	4.4	11.1	1.76	1.37
Aging Well in Wilmot	84.5	10.7	1.0	2.9	1.0	1.25	0.71
House of Friendship	28.3	32.6	10.9	10.9	17.4	2.57	1.46
Children's Planning Table	22.6	27.7	18.2	10.9	20.4	2.79	1.44
Kitchener Youth Action Council	25.6	28.2	7.7	25.6	12.8	2.72	1.43
Post Secondary Pilot	38.6	22.7	15.9	9.1	13.6	2.36	1.43
Multicultural Center	15.8	28.9	10.5	13.2	31.6	3.16	1.53

Note: This question is not directly comparable to the 2013 survey question but we thought it maybe helpful to see the results against each other.

Table D1: Respondents' perceptions of the environment in Waterloo Region: I feel like I have a personal responsibility to help protect the natural environment (2013)

Table 19: Respondents' feelings that they have a responsibility to help protect the natural environment (2017)

	Mean
General Population (2013)	5.61
Total Focused Population (2017)	4.11
Homelessness and Housing Umbrella Group	4.29
Cambridge Neighbourhood Association	4.04
Aging Well in Wilmot	4.18
House of Friendship	4.18
Children's Planning Table	3.95
Kitchener Youth Action Council	4.11
Post Secondary Pilot	4.02
Multicultural Center	4.22

Note: Only the mean can be compared because the 2013 survey used a 7 point scale and the 2017 survey used a 5 point scale. Note: Note: This question is not directly comparable to the 2013 survey question but we thought it maybe helpful to see the results against each other.

Healthy Populations

Table B3: Ratings of the overall quality of the health care services in your community (2013)

Table 20: Respondents' ratings of the quality of the health care services in the community (2017)

	Poor	Fair	Good	Very good	Excellent	Mean	Std.
	(1)	(2)	(3)	(4)	(5)		Dev.
General Population (2013)	6.5	21.3	33.9	32.3	5.9	3.10	1.01
Total Focused Population (2017)	4.9	10.1	34.2	39.5	11.2	3.42	0.98
Homelessness and Housing Umbrella Group	9.8	26.8	48.8	12.2	2.4	2.17	0.90
Cambridge Neighbourhood Organizations	8.9	22.2	44.4	15.6	8.9	2.93	1.05
Aging Well in Wilmot	0.0	2.8	26.4	24.7	16.0	3.84	0.72
House of Friendship	15.6	11.1	35.6	31.1	6.7	3.02	1.16
Children's Planning Table	3.6	4.4	31.4	45.3	15.3	3.64	0.92
Kitchener Youth Action Council	2.6	5.1	35.9	46.2	10.3	3.56	0.85
Post Secondary Pilot	0.0	13.6	45.5	34.1	6.8	3.34	0.81
Multicultural Center	7.9	7.9	36.8	39.5	7.9	3.32	1.02

Note: Both survey questions used a numbered scale of 5 where in 1 was "poor" and 5 was "excellent".

Table B4: Ratings of the overall accessibility of the health care services in your community (2013)

Table 21: Respondents' ratings of the accessibility of the health care services in the community (2017)

·	<i>-</i>		,				
	Poor	Fair	Good	Very good	Excellent	Mean	Std.
	(1)	(2)	(3)	(4)	(5)		Dev.
General Population (2013)	12.8	24.0	31.9	26.2	5.1	2.87	1.10
Total Focused Population (2017)	4.8	17.5	36.0	30.1	11.6	3.26	1.03
Homelessness and Housing Umbrella Group	7.3	39.0	41.5	9.8	2.4	2.61	0.86
Cambridge Neighbourhood Organizations	4.4	31.1	37.8	22.2	4.4	2.91	0.95
Aging Well in Wilmot	0.0	9.7	33.0	42.7	14.6	3.62	0.85
House of Friendship	20.0	17.8	28.9	26.7	6.7	2.82	1.23
Children's Planning Table	3.7	11.1	39.3	28.9	17.0	3.44	1.02
Kitchener Youth Action Council	2.6	21.1	31.6	28.9	15.8	3.34	1.07
Post Secondary Pilot	2.3	15.9	45.5	31.8	4.5	3.20	0.85
Multicultural Center	5.4	16.2	29.7	29.7	18.9	3.41	1.14

Note: Both survey questions used a numbered scale of 5 where in 1 was "poor" and 5 was "excellent".

Table B1: In General, you would say your physical health is... (2013)

Table 22: Respondents' ratings of their physical health (2017)

	Poor	Fair	Good	Very	Excellent	Mean	Std.
	(1)	(2)	(3)	good	(5)		Dev.
				(4)			
General Population (2013)	3.3	10.9	36.4	38.1	11.4	3.43	0.94
Total Focused Population (2017)	5.6	15.1	38.1	27.8	13.4	3.28	1.06
Homelessness and Housing Umbrella Group	17.5	22.5	42.5	12.5	5.0	2.65	1.08
Cambridge Neighbourhood Organizations	9.1	18.2	40.9	22.7	9.1	3.05	1.08
Aging well in Wilmot	0.0	12.7	50.0	30.4	6.9	3.31	0.78
House of Friendship	17.8	24.4	28.9	15.6	13.3	2.82	1.28
Children's Planning Table	3.7	8.1	31.1	34.1	23.0	3.64	1.04
Kitchener Youth Action Council	2.6	5.1	33.3	41.0	17.9	3.67	0.93
Post Secondary Pilot	2.3	20.9	46.5	23.3	7.0	3.12	0.91
Multicultural center	5.4	24.3	27.0	29.7	13.5	3.22	1.13

Note: Both survey questions used a numbered scale of 5 where in 1 was "poor" and 5 was "excellent".

Table B2: In general, you would say your mental health is... (2013)

Table 23: Respondents' ratings of their mental health (2017)

	Poor	Fair	Good	Very	Excellent	Mean	Std.
	(1)	(2)	(3)	good	(5)		Dev.
				(4)			
General Population (2013)	2.1	8.0	31.0	39.5	19.3	3.66	0.95
Total Focused Population (2017)	6.9	18.3	29.8	28.6	16.6	3.29	1.15
Homelessness and Housing Umbrella Group	12.8	43.6	28.2	10.3	5.1	2.51	1.02
Cambridge Neighbourhood Organizations	11.9	19.0	31.0	19.0	19.0	3.14	1.28
Aging well in Wilmot	2.2	8.7	33.7	38.0	17.4	3.60	0.95
House of Friendship	11.9	26.2	31.0	19.0	11.9	2.93	1.20
Children's Planning Table	5.8	15.3	25.5	33.6	19.7	3.46	1.14
Kitchener Youth Action Council	5.3	21.1	21.1	26.3	26.3	3.47	1.25
Post Secondary Pilot	2.4	19.0	38.1	38.1	2.4	3.19	0.86
Multicultural center	11.4	11.4	40.0	17.1	20.0	3.23	1.24

(Note: Both survey questions used a numbered scale of 5 where in 1 was "poor" and 5 was "excellent".)

Leisure and Culture

Table E9: The cost of public recreation and culture programs prevents me from participating (2013)

Table 25: Respondents' ratings of accessibility of public and culture programs: Cost prevents participation (2017)

	Mean	Std.
		Dev.
General Population (2013)	3.55	1.47
Total Focused Population (2017)	2.88	1.15
Homelessness and Housing Umbrella Group	3.34	1.20
Cambridge Neighbourhood Organizations	3.05	1.29
Aging well in Wilmot	2.52	1.11
House of Friendship	3.22	1.10
Children's Planning Table	2.79	1.02
Kitchener Youth Action Council	2.53	1.06
Post Secondary Pilot	2.86	0.96
Multicultural center	3.32	1.36

Note: Only the mean and standard deviation could be compared because the 2013 survey used a 7 point scale and the 2017 survey used a 5 point scale.)

Note: This question is not directly comparable to the 2013 survey question but we thought it maybe helpful to see the results against each other

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Living Standards

Table G8: I ate less because there was not enough food or money for food (2013)

Table 26: Respondents' experience in the past year of eating less due to not enough food or money for food (2017)

	Never	Once in	At least	At least	At least	Mean	Std.
		the	once	once	once a		Dev.
		past	every 6	every 3	month		
		year	months	months			
	(1)	(2)	(3)	(4)	(5)		
General Population (2013)	88.5	3.9	1.5	1.6	4.5	1.30	0.94
Total Focused Population (2017)	63.0	9.7	6.0	7.0	14.2	2.00	1.50
Homelessness and Housing Umbrella Group	22.0	12.2	9.8	12.2	43.9	3.44	1.66
Cambridge Neighbourhood Organizations	63.6	18.2	9.1	4.5	4.5	1.68	1.12
Aging well in Wilmot	96.6	1.0	1.0	0.0	1.0	1.07	0.46
House of Friendship	15.6	6.7	8.9	24.4	44.4	3.76	1.48
Children's Planning Table	68.1	9.4	8.0	4.3	10.1	1.79	1.35
Kitchener Youth Action Council	51.3	20.5	7.7	17.9	2.6	2.00	1.26
Post Secondary Pilot	70.5	18.2	2.3	4.5	4.5	1.55	1.07
Multicultural center	63.9	8.3	0.0	5.6	22.2	2.14	1.71

(Note: Both survey questions used a numbered scale of 5 where in 1 was "never" and 5 was "at least once a month".)

Table G8: I did not have enough money to buy the things I needed (2013)

Table 27: Respondents' experience in the past year of not having enough money to buy needed things (2017)

	Never	Once	At least	At least	At	Mean	Std.
		in the	once	once	least		Dev.
		past	every 6	every 3	once a		
		year	months	months	month		
	(1)	(2)	(3)	(4)	(5)		
General Population (2013)	80.0	6.5	5.0	3.4	5.1	1.47	1.08
Total Focused Population (2017)	52.9	13.4	7.6	6.8	19.4	2.26	1.60
Homelessness and Housing Umbrella Group	17.9	5.1	5.1	12.8	59.0	3.90	1.59
Cambridge Neighbourhood Organizations	58.1	14.0	11.6	4.7	11.6	1.98	1.41
Aging well in Wilmot	91.6	2.1	2.1	0.0	4.2	1.23	0.86
House of Friendship	13.6	2.3	13.6	13.6	56.8	3.98	1.44
Children's Planning Table	50.4	20.4	9.5	10.9	8.8	2.07	1.35
Kitchener Youth Action Council	44.7	21.1	15.8	13.2	5.3	2.13	1.28
Post Secondary Pilot	56.8	25.0	2.3	2.3	13.6	1.91	1.40
Multicultural center	36.4	21.26.1	6.1	0.0	36.4	2.79	1.78

(Note: Both survey questions used a numbered scale of 5 where in 1 was "never" and 5 was "at least once a month".)