

# **Social Determinants of Health**

## **Building Opportunities for Community Well-being**

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Community Well-being Forum – Waterloo Region

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**What keeps you  
up at night?**

**Crime**

**Mental Health**

**School Success**

**Child Welfare**

**Literacy**

# **Social Determinants of Health**

**Inclusion**

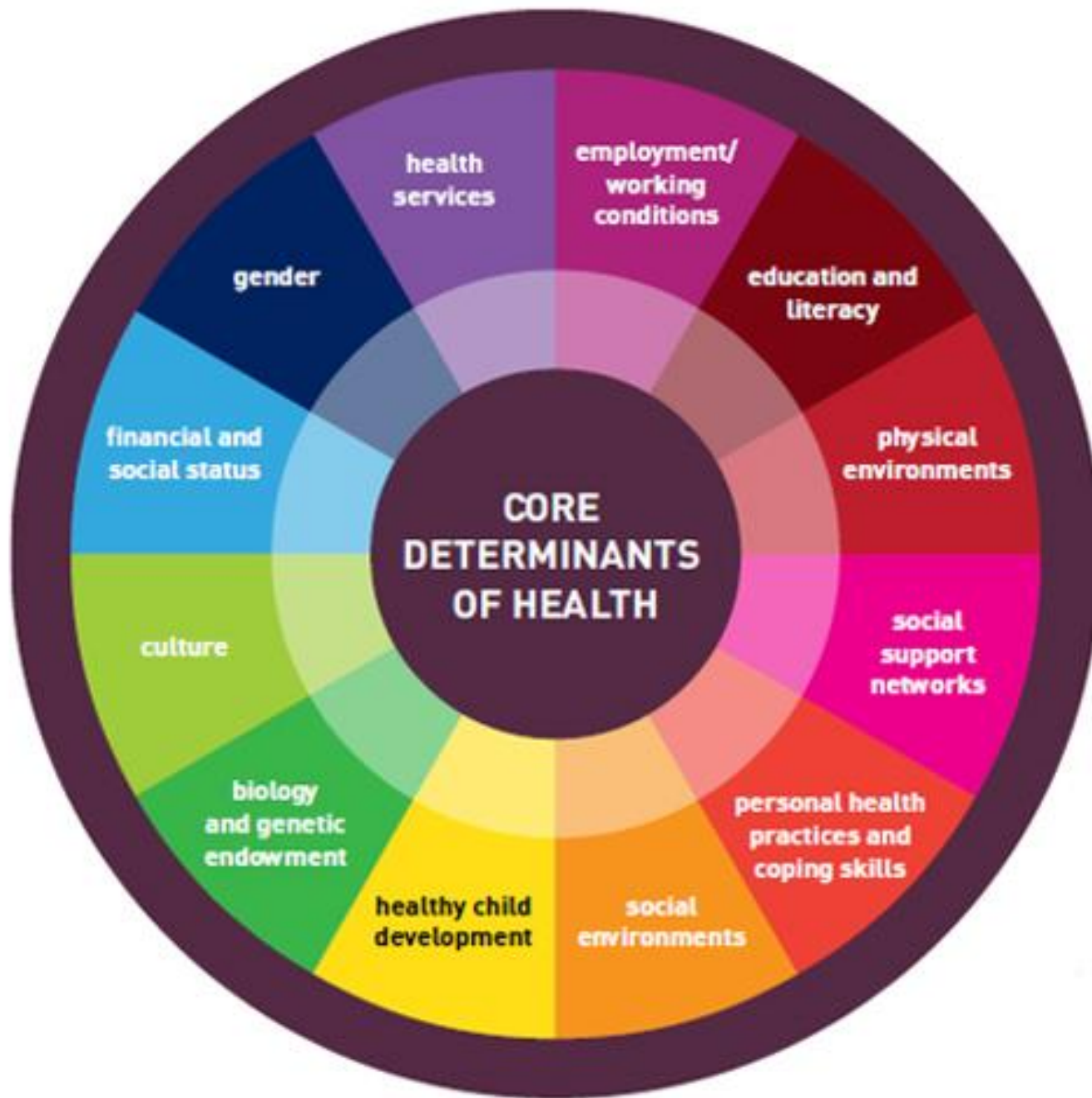
**Productivity**

**Food Security**

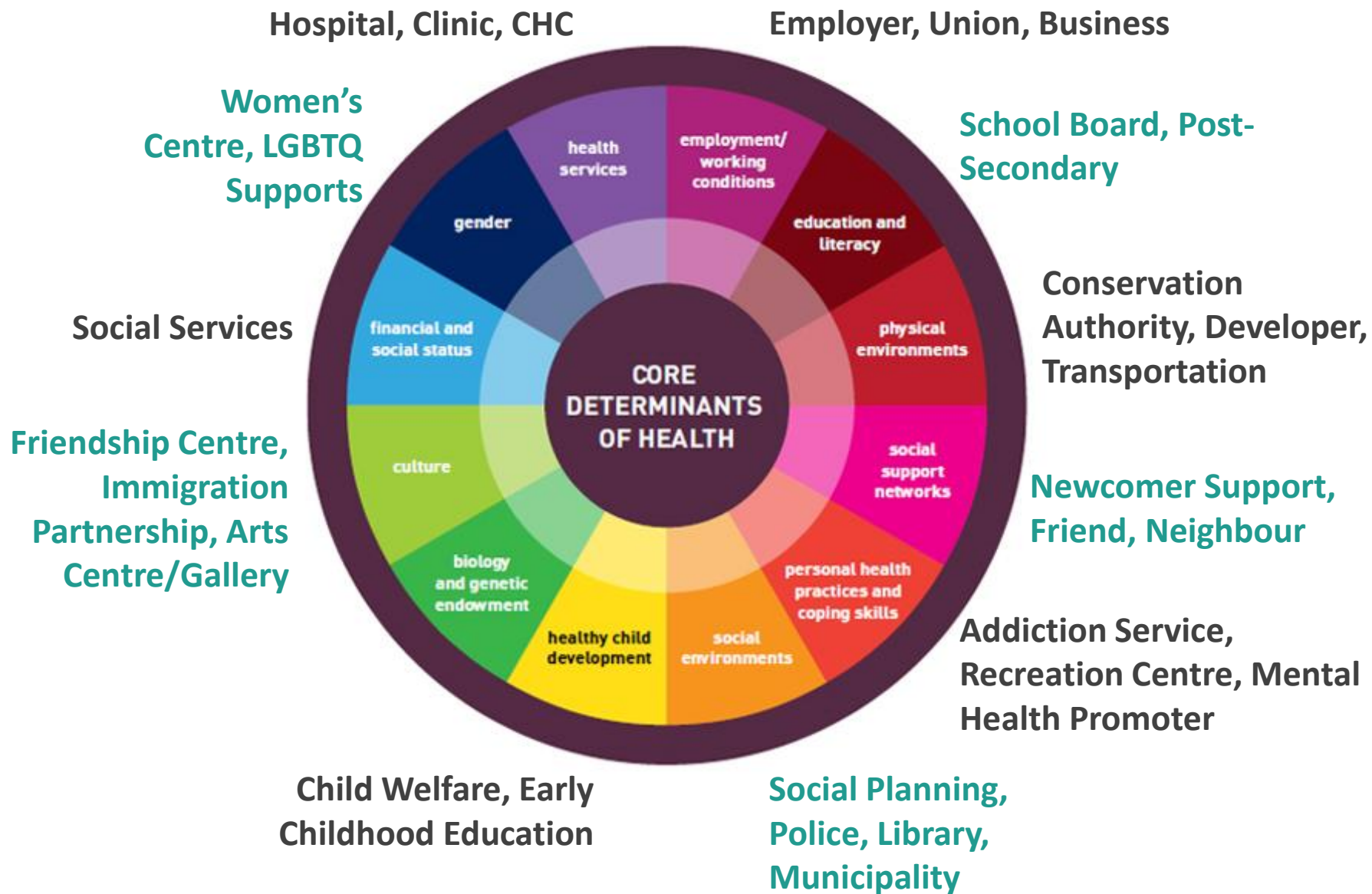
**Addiction**

**EMS Calls**

**What are the root  
causes of those  
issues?**



**Who else cares  
about those  
issues?**



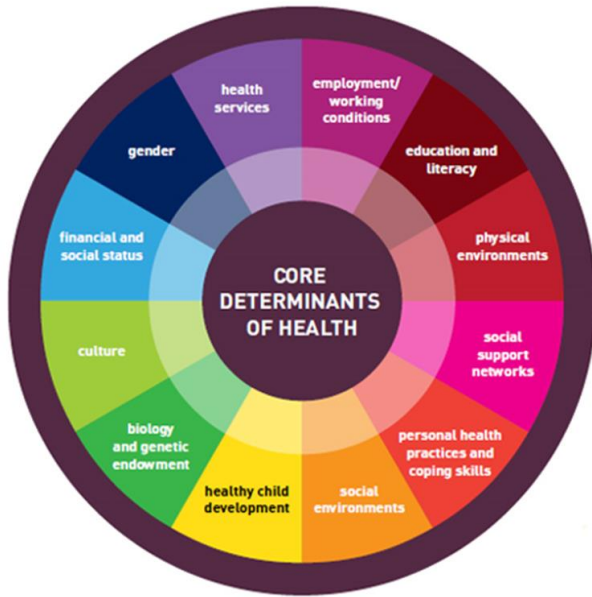
# What do we know?



<https://www.youtube.com/watch?v=LMpQEMb0Trc>



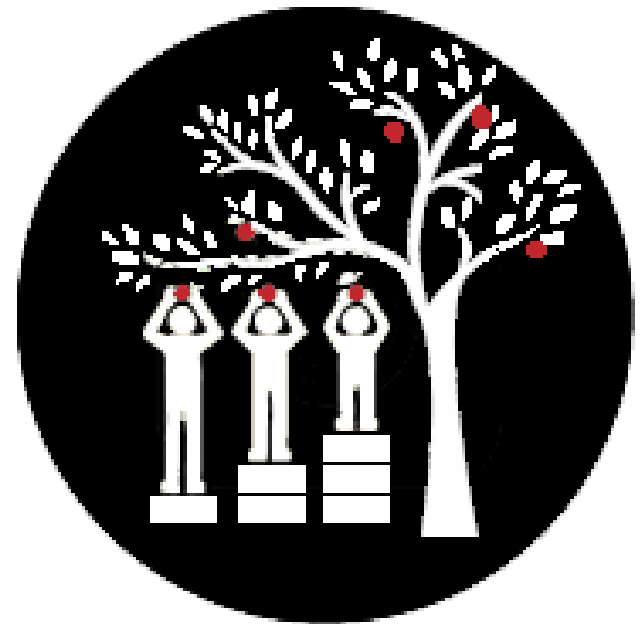
**Are different  
members of our  
community  
impacted in  
different ways?**



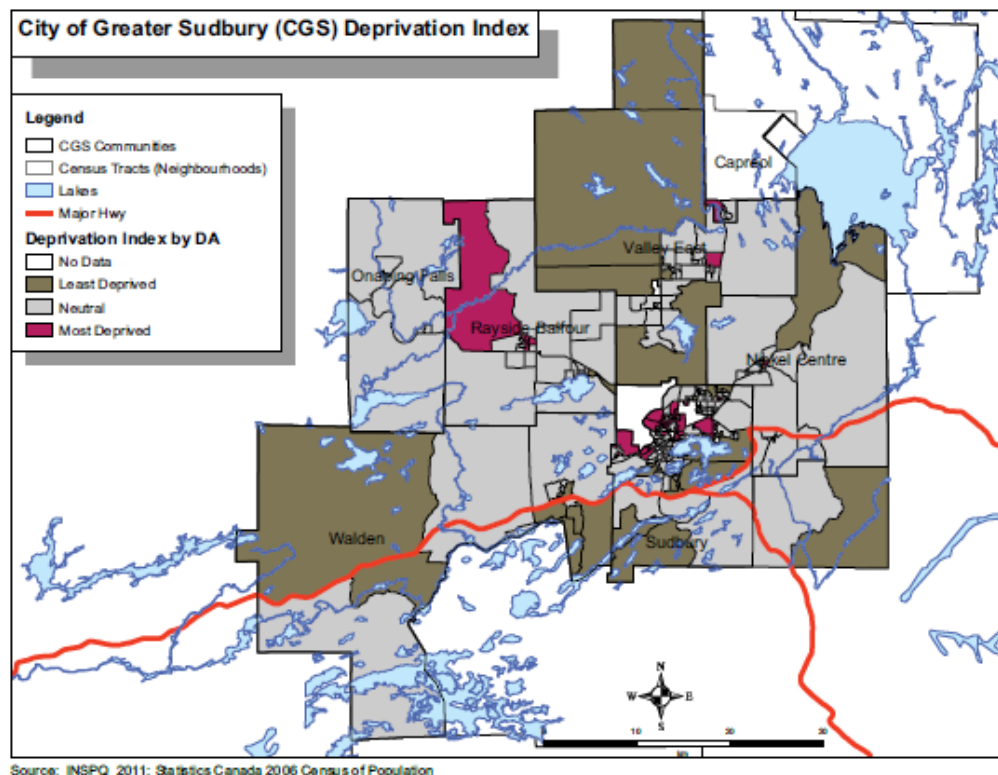
## ***Social Determinants of Health:***

The broad range of social and economic conditions that shape our opportunities to be healthy.

***Health Inequities:*** Differences in health that are systematic, socially produced, and modifiable (therefore unfair).



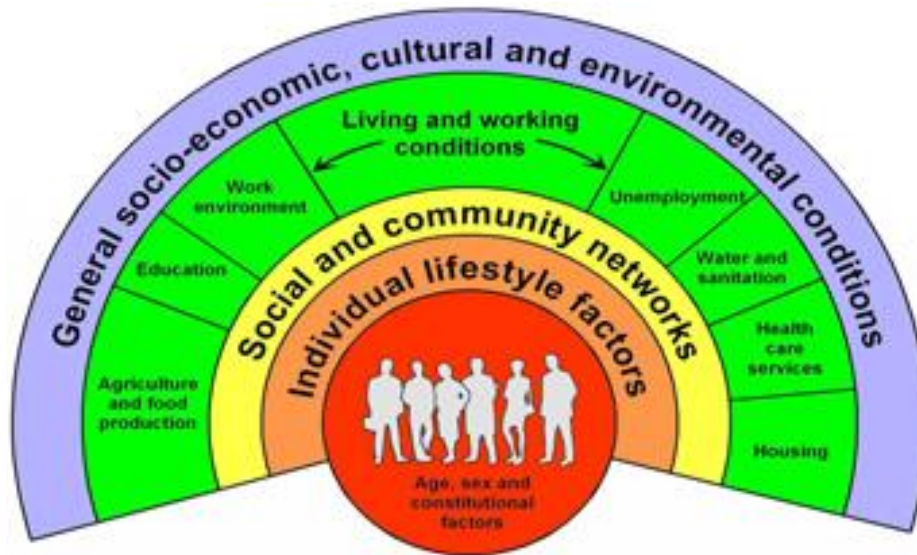
# Compared to least deprived areas, residents of Sudbury's most deprived areas have:



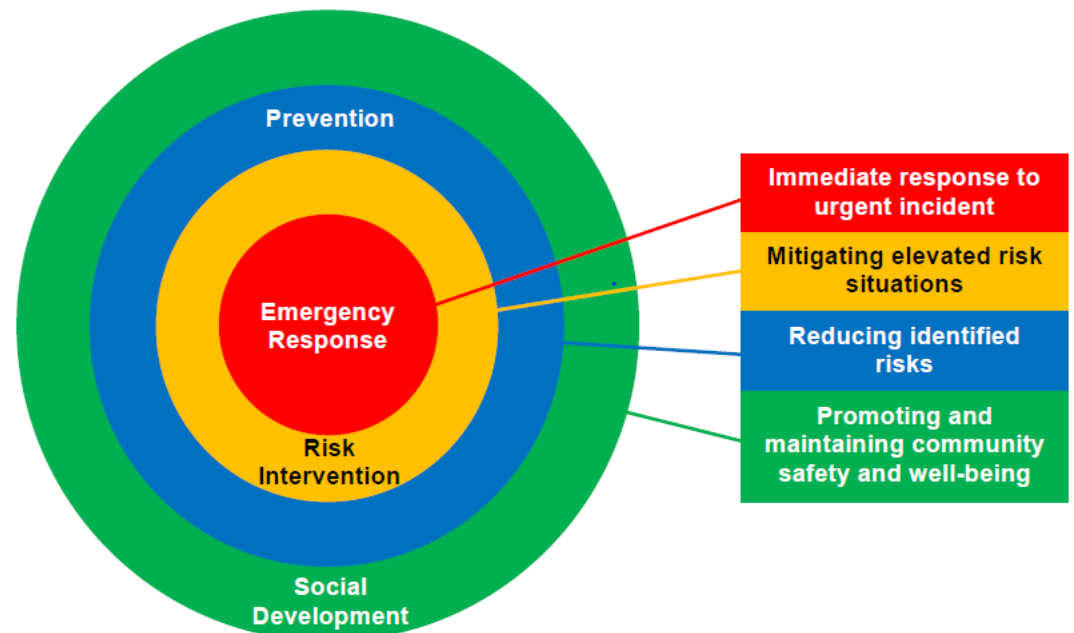
- *Infant mortality rates - 139% (or 2.4 times) higher*
- *Annual rates of emergency department visits for mental health episodes - 341% (or 4.4 times) higher*
- *Obesity rates - 102% (or 2.0 times) higher*

**Where are the  
best opportunities  
for improving the  
SDOH?**

Dahlgren, G., Whitehead, M.  
2006. *European strategies for tackling social inequities in health – levelling up part 2.*



Russell, HC., Taylor, NE. 2014.  
*Directions in Community Safety: Consolidating Lessons Learned about Risk and Collaboration.*  
Framework for Community Safety and Well-being Planning.



**What's my role in  
improving SDOH  
*AND* reducing  
health inequities?**



# HEIA

## Health Equity Impact Assessment



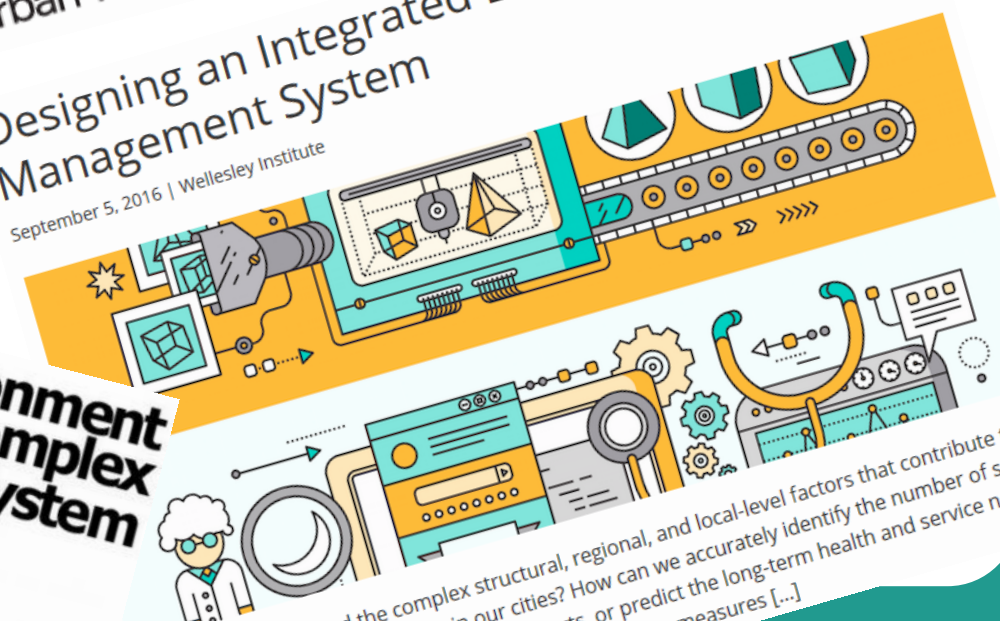
EXPEDITED SYSTEMATIC REVIEW



ASSESSING THE IMPACT AND EFFECTIVENESS OF INTERSECTORAL ACTION ON THE SOCIAL DETERMINANTS OF HEALTH AND HEALTH EQUITY: AN EXPEDITED SYSTEMATIC REVIEW

**Wellesley Institute**  
advancing urban health

Designing an Integrated Local Data Management System  
September 5, 2016 | Wellesley Institute



Know The Built Environment As A Complex System

**Promising Practice #10: Intersectoral Action**  
A comprehensive strategy to promote health includes health care when individuals are ill and addresses the underlying causes of poor health where people learn, and play. These underlying causes result from social, economic, and housing, access to parks and recreational quality health care, early childhood safe streets, public transportation, and for meaningful employment are many factors that influence an opportunities for health and well-being. Action is critical to building health for all. Many of the solutions to addressing social inequities lie outside of the health sector. Building durable relationships between government and other sectors (for example, municipal, transportation, environment, and education) are necessary for effective action to build opportunities and reduce social inequities in health.

**10 Promising Practices**  
to reduce social inequities in health  
*What does the evidence tell us?*

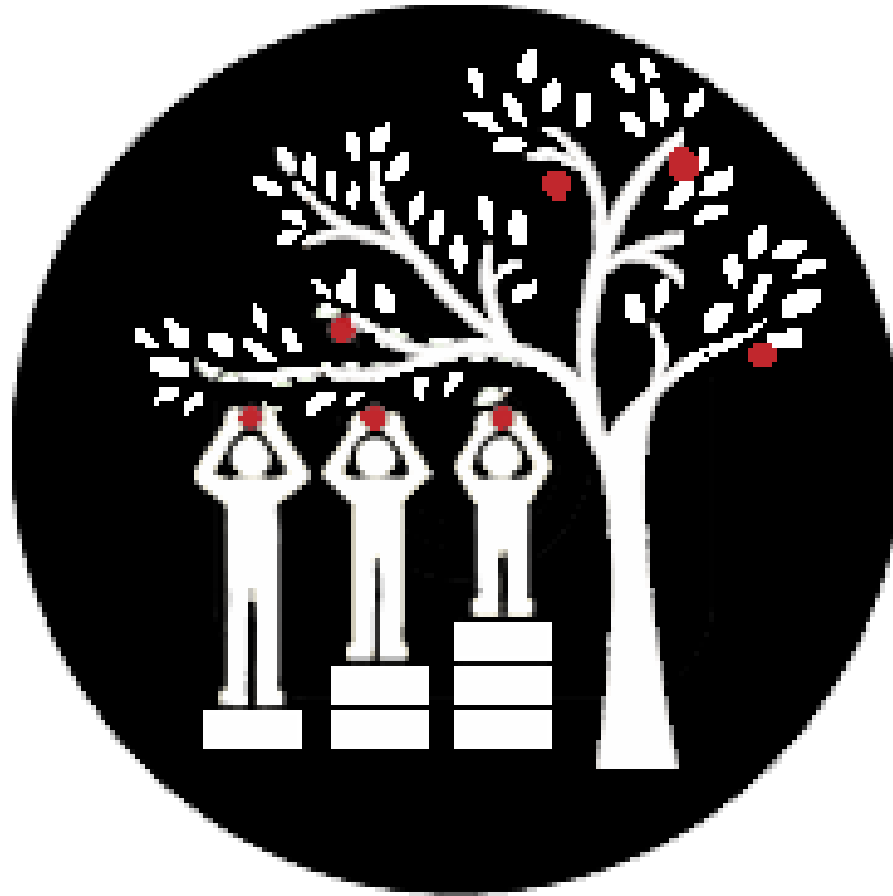
The "10 Promising Practices" to Reduce Social Inequities in Health at the Local Public Health Level

1. Targeting With Universalism
2. Purposeful Reporting
3. Social Marketing
4. Health Equity Target Setting Assessment
5. Equity-Focused Health Impact Standards
6. Competencies/Organizational Standards
7. Contribution to Evidence Base
8. Early Childhood Development
9. Community Engagement
10. Intersectoral Action

As part of a Canadian Health Services Research Foundation Fellowship (Executive Training in Research Application - EXTRA) review and practice

the complex structural, regional, and local-level factors that contribute to our cities? How can we accurately identify the number of seniors or predict the long-term health and service needs of measures [...]

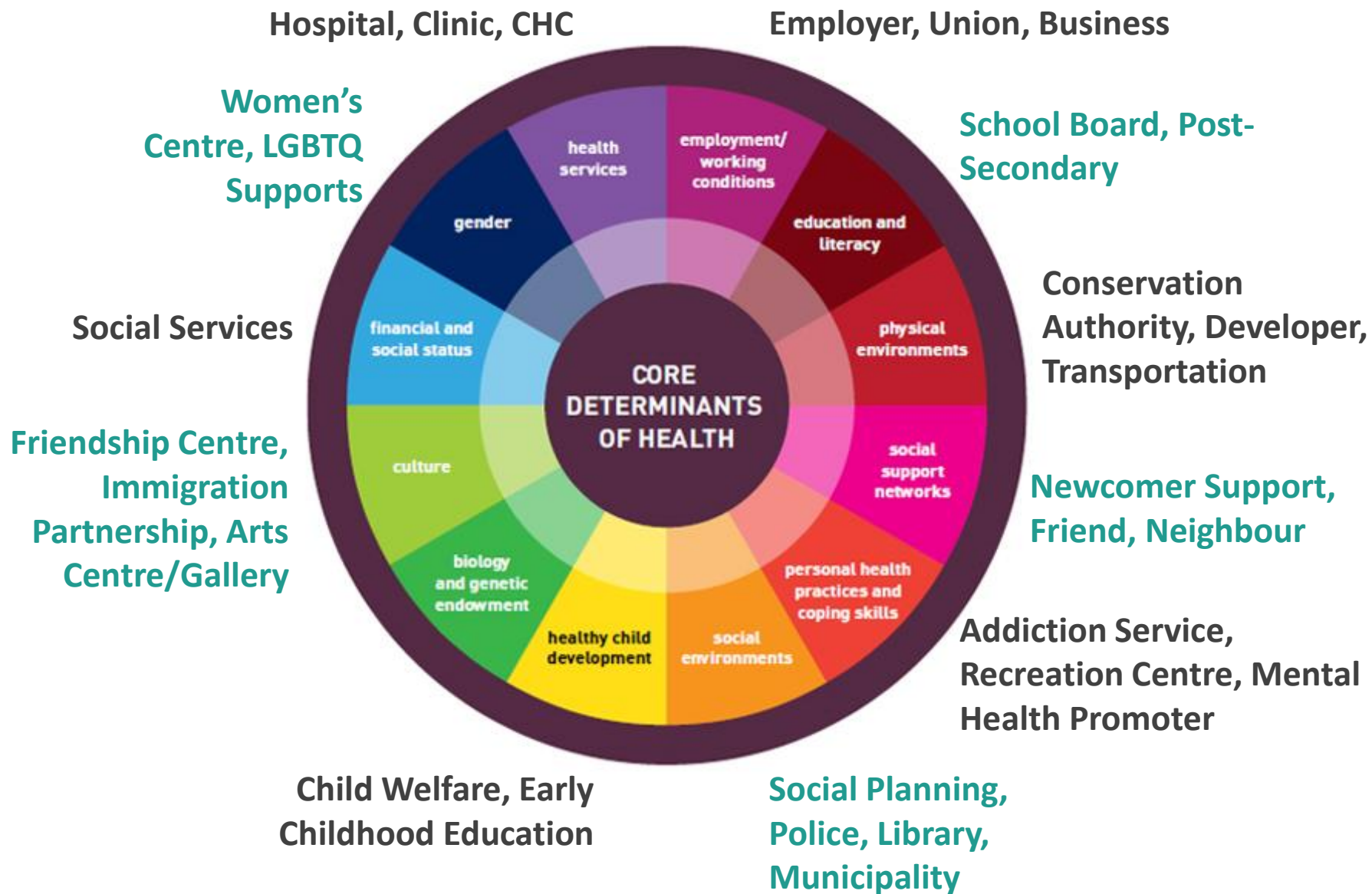
# Levelling up





# Shared:

- **Understanding of the issues**
- **Goals and objectives**
- **Acknowledgment of our roles**
- **Measurement of impact**







***Thank you  
Merci  
Miigwetch***