



Spotlight on data related to the impacts of COVID-19

A great deal of information is available on the impacts of COVID-19, and the information is constantly evolving.

In order to keep the WWR network informed on the emerging data and issues related to the impacts of COVID-19, in each issue of the WWR newsletter, we will share some current and timely data highlights and relevant links to Canada wide and local data sources and articles.

Readers are encouraged to visit the data source for more information about each study's methodology and full findings.

If WWR network members have suggestions for data highlights and resources to share in an upcoming issues of the newsletter please let us know by sending an email to wellbeingwr@regionofwaterloo.ca

Topic	Highlights	Source
<p>Visible Minorities and Low Income Households Disproportionately affected by COVID-19 in the Region of Waterloo</p>	<ul style="list-style-type: none"> • “A new study from the Region of Waterloo Public Health shows that visible minorities, low-income households and households where English and French are not the first language spoken have been disproportionately impacted by the pandemic”. • “Of the 444 cases in the study that had valid race data, cases of visible minorities were recorded three times more than the proportion of the population”. • “The report showed that visible minorities make up about 19 per cent of the region’s population, but that they make up 63.7 per cent of COVID-19 cases. Black people constitute about 2.9 per cent of the region’s population, but make up about 16.7 per cent of local cases.” • “The report showed that those in the lowest income brackets have been affected more too. While most people – 58 per cent – did not disclose their household income, those who did tended to make less money”. • “People whose first languages were not French or English – represented a higher number of cases than expected compared to census data. A little more than 23 per cent of Waterloo Region’s population fall into that category, but the report showed that they made up 61.8 per cent of cases”. 	<p>CTV News. November 17, 2020. Visible minorities, low-income households disproportionately affected by COVID-19: public health</p>
<p>Employee Well-Being during COVID-19</p>	<ul style="list-style-type: none"> • “47 % of all respondents to our WorkWell Community Well-Being Survey had Unhealthy Mental Health scores. That is every other person you know in your community.” • Mental Health has been a significant concern amongst full-time hourly workers during COVID-19, with many jeopardizing their safety to work in high-risk zones and earning wages that do not adequately reflect these concerns.” • 68% of full-time hourly employees believe that COVID-19 has had a clear, negative impact on their well-being at work”. 	<p>YMCA. WorkWell. Insights to Impact: Fostering Employee Well-Being Infographics. 2020 How have Working Situations affected employee well-being during COVID-19? https://www.ymcacambridgekw.ca/en/resourcesGeneral/2020-YMCA-WorkWell-Community-Well-Being-Report.pdf</p>

Child and Youth Wellbeing (Ages 9-18)

- Launched in July of 2020, children and youth between the ages of 9 and 18 were invited to participate in the YIS pilot to share insights into their own well-being and provide feedback on the survey tool, with just about 300 youth participating.
- “63.9% of YIS respondents reported feeling a very strong or somewhat strong sense of belonging to their community. This is below the national data (84.6%) reported by UNICEF Canada”.
- “Almost three in ten (28.6%) of respondents reported feeling lonely on at least a regular basis
- **62.3% Of Youth Felt Supported By Their Families” and “58.6% Of Youth Felt Supported By Their Friends”.**
- **“79.4% of respondents felt that their teachers accept them as they are” and “73.8% of respondents felt that their teachers care about them”.**
- “Almost four in ten (37.4%) of respondents reported their mental health as very good or excellent. This is considerably lower than their self-reported physical health where 58.1% reported their physical health as very good or excellent.”
- **74.8% of yis respondents report at least a moderate level of life satisfaction 16.2% of respondents noted that they had trouble staying awake during the day.”**
- About six in ten YIS respondents (60.5%) reported feeling some or a lot of pressure by the school work they have to do.



- **“56.1% Of Respondents Agreed Or Strongly Agreed That They Have Control Over The Issues That Matter To Them.”**
- **“About half of respondents (50.5%) reported spending 3 hours or more each week doing activities outdoors such as pick-up basketball and skateboarding”.**
- “COVID-19 and social distancing safety precautions have had an impact on young people’s experiences and opportunities to participate in play and leisure activities. The Youth Impact Survey asked respondents to think about how COVID-19 and social distancing measures have impacted their free time and participation. **About six in ten (that59.8%) of respondents reported because of COVID-19 and social distancing their participation had gone down a little or a lot.** Alternatively, almost two in ten (19.6%) respondents noted that their participation has gone up a little or a lot”.



Children and Youth Planning Table, [Youth Impacts Survey Data Brief](#), 2020.