

Wellbeing Waterloo Region

Summer 2018 Update

Happy summer!

Below is a short update on Wellbeing Waterloo Region. Should you have any questions please don't hesitate to reach out and ask for more information.

Draft Wellbeing Waterloo Region Actions

Based on community consultation and data, [draft actions](#) have been developed in order to move the wellbeing vision (of a community where everyone thrives and now one is left behind) forward. Over the summer months, we will be developing work plans for each of the actions including the identification of resources, timelines, deliverables, measurement etc. This information will come back to the Reference Group in September for the group to prioritize and approve which of the actions are to go forward. The overview document is found on this [webpage](#).

Environmental scan of public awareness campaigns and cultural bias/privilege training

We would like to build upon the work of our community partners and learn about your services and experiences as they relate to the draft actions about public awareness campaigns and cultural bias/privilege training. Please take some time to answer the following questions on [this survey](#). You can skip any of the questions that are not relevant.

Wellbeing Survey

As you know we are conducting a Wellbeing Survey in Waterloo region with 16 partner agencies. The survey will generate data to provide a baseline of information on a comprehensive set of factors that reflect residents' personal and community well being. The survey will gather perceptions of residents' concerning a variety of aspects linked to each of the eight domains of wellbeing: community vitality, healthy populations, democratic engagement, the environment, leisure and culture, education, living standards and time use. In addition to forming a baseline measure for Wellbeing Waterloo Region, the survey will also help shape at least 16 partner agency strategic plans including:

- All the area municipalities including the Region of Waterloo
- Waterloo Region Police Service
- Local Health Integration Network
- United Way Waterloo Region Communities
- The three Local Community Health Centers
- Waterloo Region Crime Prevention Council

- Kitchener Waterloo Community Foundation

Our wellbeing survey deadline is now extended until August 3, 2018. To complete the survey visit this [webpage](#).

If you could help us promote the survey that would be greatly appreciated as we want as many people as possible to complete the survey. Promotion information that you can adapt and use is found on this [webpage](#). Also we have been doing a lot of outreach to specific groups to ensure we hear all voices and also help groups to complete the survey. If you have any groups that you work, volunteer or play with that would like help please let us know and we will help make that happen.

Enabling structure

We have a working group that has been working hard to develop terms of reference and a recruitment process for the new Wellbeing Waterloo Region Structure. The expression of interest process will be brought to the Reference group in August and we anticipate that we will request expressions of interest for each of the below groups at the beginning of September. Brief descriptions of each of the groups are found below:

Wellbeing Waterloo Region Connectors Hub: The WWR Connector Hub is the steering group who will provide oversight and decision making for the overall directions of the collective work of Wellbeing Waterloo Region. The WWR Connectors hub will adhere to the WWR principles and identify and harness opportunities for synergy across the three big idea areas as well as other wellbeing issues as they arise. It is the hub of all the components of the enabling structure.

The 3 big idea Catalyst Groups: The Catalyst Groups will take action and move the three big idea actions forward based on the challenge statements and will adhere to our principles of how we will work together. There are three Catalyst Groups: Affordable Housing, Healthy Children and Youth and Social Inclusion that will work differently and better together to identify and harness opportunities for synergy across the three big idea areas.

Systems Change Champions: Systems Change Champions will adhere to the WWR principles and influence decisions with key organizations/groups that could help to make system level changes and decisions that support transformational change to improve community wellbeing.

Measurement and Monitoring Working Group: Provides guidance and direction on the overall measurement system as well as the tracking of individual actions for Wellbeing Waterloo Region in order to ensure the integration with the Wellbeing measurement framework. This group will also provide guidance on the overall progress reporting process and tools to ensure accountability,

transparency and engagement of our community with the data collected for WWR.

Communications and Engagement Working Group: Creates the opportunities and actions to intentionally engage diverse community members and the wellbeing eco-system partners to focus on strengthening individual, organization and network connections. Provides guidance and advice to ensure that people with a lived voice participate in WWR. Develops strategies and implements actions to ensure that the diversity of our community is reflected in the involvement of WWR. Also helps to engage and rally the general public in the wellbeing work.

Ad hoc action groups: There will be the need for time limited ad hoc action groups to ensure that the specific actions are planned and developed for each Big Idea area. Ad Hoc Action Group members will include individuals from different backgrounds specific to the task at hand.

If you have any questions please don't hesitate to ask.

Have a happy and healthy summer.